Increased occurrence of brain abscesses in cirrhotic patients: a population-based 3-year follow-up study

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ABSTRACT
Background/Aims: Cirrhotic patients are prone to various infectious diseases. However, it is still unknown if the occurrence of a brain abscess is associated with cirrhosis. The purpose of this study was to identify the relationship between the occurrence of a brain abscess and cirrhosis.

Materials and Methods: The National Health Insurance Database, which is derived from the Taiwan National Health Insurance program, was used to collect data from 40,878 patients with cirrhosis and from 40,896 randomly selected age- and sex-matched patients. All patients were followed up to identify the occurrence of brain abscesses in 3 years.

Results: A total of 143 patients (0.17%) were diagnosed with brain abscesses in the 3-year follow-up period. There were 94 (0.23%) patients with cirrhosis and 49 (0.12%) without cirrhosis (p<0.001). After regression analysis, cirrhotic patients had a higher risk of occurrence of brain abscesses than non-cirrhotic patients (hazard ratio: 1.88, 95% confidence interval: 1.30-2.72; p=0.001). In addition, the risk of occurrence of brain abscesses was higher in complicated cirrhotic patients than in non-complicated cirrhotic patients (adjusted hazard ratio: 2.07, 95% confidence interval: 1.36-3.14; p=0.001).

Conclusion: Cirrhotic patients, particularly those with complicated cirrhosis, have a higher risk of the occurrence of brain abscesses than non-cirrhotic patients.

Keywords: Cirrhosis, brain abscess, complicated cirrhosis
MATERIALS AND METHODS

Database
The database used was from the NHIRD in Taiwan; it was established and is maintained by the Taiwan National Health Insurance Bureau and the National Health Research Institute. The database was used to identify all discharged patients in Taiwan. The Taiwan National Health Insurance Program was established in 1995 and included all citizens residing in Taiwan. The National Health Insurance Bureau covers >99% of Taiwan’s population.

All researchers who use the NHIRD need to have their study protocols evaluated by the National Health Research Institute and protect the privacy of health care providers and patients. This study was approved by the National Health Research Institute (application and agreement number 100101).

Compliance with Ethical Requirements
This study was initiated after approval from the Institutional Review Board of the Buddhist Dalin Tzu Chi Hospital Taiwan (IRB B1010410). As all identifying personal information was removed from the secondary files before analysis, the review board waived requirement for written informed consent from the patients involved.

Patient Population
This retrospective study included patients discharged with a diagnosis of cirrhosis (ICD-9-CM codes 571.5 or 571.2 in the database) between January 1, 2004 and December 31, 2004. When cirrhotic patients had refractory ascites, episodes of esophageal/gastric variceal bleeding, or hepatic encephalopathy, they were considered as having complicated cirrhosis. Patients <30 years old were not included to exclude congenital anomaly-related cirrhosis. Because of the different mechanism of cirrhosis, biliary cirrhotic patients (ICD-9-CM code 571.6) were not included.

A total of 40,878 cirrhotic patients without baseline brain abscesses were enrolled. The reference group was composed of 40,896 randomly selected sex- and age-matched patients. Each patient (n=81,774) was followed up for a 3-year period starting from their first hospitalization to the diagnosis of brain abscesses (ICD-9-CM code 324).

Statistical Analysis
In this 3-year follow-up, Cox proportional hazard regression was performed to evaluate the association between the occurrence of a brain abscess and cirrhosis. Comorbid diseases were considered if the condition was noted at the first hospitalization. Comorbid medical disorders included alcoholism (ICD-9-CM codes 291, 303, 305.00-305.03, and 571.0-571.3), DM (ICD-9-CM code 250), gouty arthritis (ICD-9-CM code 274), CRF (ICD-9-CM code 585), solid organ transplantation (SOT) (ICD-9-CM codes V42.0, V42.1, V42.7), rheumatoid arthritis (RA) (ICD-9-CM code 714), and connective tissue disease (CTD) (ICD-9-CM code 710). Age was defined as a continuous covariate in the Cox proportional hazard regression model. The influence of the covariates was evaluated using Cox regression. Hazard ratios (HRs) and 95% confidence intervals (CIs) using a significance level of 0.05 were calculated. Statistical Package for Social Sciences version 13.0 (SPSS Inc.; Chicago, IL, USA) was used to perform the analyses.

RESULTS
Table 1 shows the distribution of demographic characteristics and comorbid disorders in 40,878 cirrhotic patients and 40,896 non-cirrhotic patients.

The results of Cox regression analysis are provided in Table 2. After adjusting for patients’ gender, age, and comorbid disorders, the HR of cirrhotic patients for the occurrence of brain abscesses during the 3-year follow-up period was 1.88 (95% CI: 1.30-2.72, p=0.001). After regression, other significant predisposing factors for brain abscesses included CTD (HR: 6.77, 95% CI: 1.49-30.94, p=0.013), SOT (HR: 4.55, 95% CI: 1.12-18.59; p=0.034), RA (HR: 6.09, 95% CI: 1.35-27.45; p=0.019), and gouty arthritis (HR: 2.67, 95% CI: 1.35-5.28; p=0.005).

<table>
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<tr>
<th>Table 1. Demographic characteristics and comorbid disorders in 40,878 cirrhotic patients and 40,896 non-cirrhotic patients</th>
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CTD: connective tissue disease; SOT: solid organ transplantation; DM: diabetes mellitus; CRF: chronic renal failure; RA: rheumatoid arthritis
A brain abscess is a focal encapsulated infection within the brain parenchyma. It is a life-threatening condition, and its mortality rate is approximately 7.1%-25% (5-7). The current study showed that cirrhotic patients were more prone to brain abscesses than non-cirrhotic patients. Hematogenic spreading is the most important route for brain abscesses (8-13). Cirrhosis was proved to increase the risk of bacterial bloodstream infection due to reticuloendothelial dysfunction, decreased opsonic activity of the ascitic fluid, neutrophil leukocyte dysfunction, and a portosystemic shunt (1-7). In addition, alcohol abuse and malnutrition are contributing factors to the immunocompromised state in some cirrhotic patients. This may be the reason why cirrhotic patients have brain abscesses more frequently than non-cirrhotic patients.

In the current study, we found that the incidence of brain abscesses was higher in complicated cirrhotic patients than in non-complicated cirrhotic patients. This shows that the severity of cirrhosis is positively correlated with the risk of the occurrence of a brain abscess. Cirrhotic patients, particularly complicated cirrhotic patients, require endoscopic treatments, which can cause procedure-related mucosal damage and microbial flora translocation into the bloodstream (20). Some cirrhotic patients had brain abscesses immediately after they underwent endoscopic therapy (16-18). Prophylactic antibiotics have been recommended by The Standards of Practice Committee of the American Society for Gastrointestinal Endoscopy in several patients including cirrhotic patients with acute gastrointestinal bleeding (20). However, it is still unknown whether prophylactic antibiotics can prevent the occurrence of brain abscesses in cirrhotic patients undergoing endoscopic therapies. This requires further studies to provide more evidence.

In Taiwan, hepatitis B or C virus infection is the most important cause of cirrhosis (21,22). Our study revealed that the causes of cirrhosis were alcoholism (19.5%) and viral infections (80.5%). In clinical practice, steroids or other immunosuppressive agents are avoided in cirrhotic patients due to the fear of viral hepatitis fare-up. However, multiple immunosuppressive agents are always used in SOT, RA, gouty arthritis, and CTD patients. We selected these conditions as confounding factors to regress our results. Therefore, the impact of immunosuppressive agents in the occurrence of brain abscesses can be diminished.

The common clinical signs and symptoms of brain abscesses are as follows: headache, mental status change, seizure, and focal neurological signs (8-11). However, these symptoms may be confused with hepatic encephalopathy in cirrhotic patients. In addition, cirrhotic patients with bacterial infection often do not have fever (5-7). Therefore, a brain abscess is likely to be neglected in cirrhotic patients with hepatic encephalopathy. The actual incidence of a brain abscess in cirrhotic patients may have been underestimated in the present study.

This study has several limitations. First, the database had incomplete information. For example, we could not obtain the details of microorganisms isolated from brain abscesses. Whether cirrhotic patients with brain abscesses have a tendency to be infected with some kinds of microorganisms has not been identified. Second, the true frequency of the occurrence of a brain abscess may be underestimated in the study.

### DISCUSSION

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A brain abscess is a focal encapsulated infection within the brain parenchyma. It is a life-threatening condition, and its mortality rate is approximately 7.1%-25% (5-7). The current study showed that cirrhotic patients were more prone to brain abscesses than non-cirrhotic patients. Hematogenic spreading is the most important route for brain abscesses (8-13). Cirrhosis was proved to increase the risk of bacterial bloodstream infection due to reticuloendothelial dysfunc-
present study. The symptoms for a brain abscess may be easily confused in cirrhotic patients with hepatic encephalopathy. Third, patients whose records were in the database were mainly from Taiwan. Hence, we do not know if ethnic difference plays a role in the occurrence of brain abscesses in cirrhotic patients. Fourth, we could not obtain information on therapy from the database. Cirrhotic patients, with or without hepatoma, may receive a specific treatment such as esophageal variceal ligation or transarterial chemoembolization. Whether specific treatments are associated with the occurrence of a brain abscess also requires further clarification. Fifth, we could not distinguish the severity of liver cirrhosis using the Child-Pugh scores in our study.

In spite of the limitations, our study is currently the most complete nationwide population-based study for identifying the relationship between cirrhosis and the occurrence of a brain abscess. It demonstrated that cirrhotic patients have a higher risk of the occurrence of brain abscesses than non-cirrhotic patients. Furthermore, complicated cirrhotic patients have a higher risk of the occurrence of brain abscesses than non-complicated cirrhotic patients.

Ethics Committee Approval: Ethics committee approval was received for this study from the Institutional Review Board of the Buddhist Dalin Tzu Chi Hospital Taiwan (IRB B1010410).

Informed Consent: Not required in this study.

Peer-review: Externally peer-reviewed.


Acknowledgements: This study is based in part on data from the National Health Insurance Research Database provided by the Bureau of National Health Insurance, Department of Health and managed by National Health Research Institutes (Registered number: 100101). The interpretation and conclusions contained herein do not represent those of Bureau of National Health Insurance, Department of Health or National Health Research Institutes.

Conflict of Interest: No conflict of interest was declared by the authors.

Financial Disclosure: The authors declared that this study has received no financial support.

REFERENCES